

Nicotine and Tobacco Snapshot

Lamoille Valley Region

Current Adult Use

- 13% percent of Lamoille Valley adults smoke cigarettes
- 5% of Vermont adults use e-cigarettes, there are no significant statistical differences among counties
- 2% percent of Vermont adults use smokeless tobacco including chew and pouches, no statistical differences among counties

Source: VT BRFSS 2023-2024

Current Young Adult Use

- 11% of Lamoille County Young Adults smoke cigarettes
- 30.8% of Lamoille County Young Adults use any of e-cigarettes or smokeless tobacco including nicotine pouches
- 25.8% of Lamoille County Young Adults use e-cigarettes

Source: Vermont Young Adult Survey 2024

Current Youth Use

- 7% of Lamoille Valley Youth smoke cigarettes
- 4% of Lamoille Valley Youth smoke cigar/little cigar/cigarillos
- 16% of Lamoille Valley Youth use e-cigarettes
- 4% percent of Lamoille Valley Youth use smokeless tobacco including chew and pouches

Source: Vermont Youth Risk Behavior Survey - Morrisville Health District 2023

Resources

- [VT Behavioral Risk Factor Surveillance System \(BRFSS\)](#)
- [Vermont Young Adult Survey](#)
- [Vermont Youth Risk Behavior Survey \(YRBS\)](#)