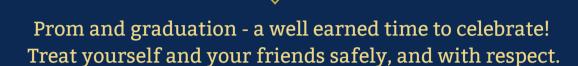
Celebrate Smart PROMNIGHT



1/3 of youth drunk driving fatalities happen this time of year.

Those aren't just statistics - they're young people who had bright futures ahead of them. You can choose to celebrate without alcohol or cannabis.

Here are things you can do to stay safe:



Think about your choices ahead of time, know the signs of too much alcohol or cannabis use and how to help a friend in need. Call 911.



Never drive under the influence or get into a car with someone that's been drinking or using cannabis.



Text for a ride if you don't feel safe. Come up with a code phrase to signal you want to be picked up right away.



Share your location with someone you trust.

Resources every teen should have:

Suicide Hotline Dial or text 9-8-8

Youth Resources



Crisis Line

Crisis Text Line Text "VT" to 741741
and a trained crisis
counselor will
respond within 5
minutes

VT Helplink

Call 802-565-LINK (5465) or visit VTHelplink.org for free and confidential alcohol and drug support and referral services if you or someone you know needs help.

Sexual Violence Hotline

1.800.498.7273

Message Provided By:



Inspiration drawn from our partners at the Green Peak Alliance.