



# **Healthy Lamoille Valley**

## **Bi-annual Survey**

### **Data Highlights**

**Healthy Lamoille Valley is a community coalition based on community need. Our bi-annual community and parent surveys help us assess and plan our work.**

# Healthy Lamoille Valley Community Survey

## How Much of a Problem is Youth (10-21) Substance Misuse in Your Community?

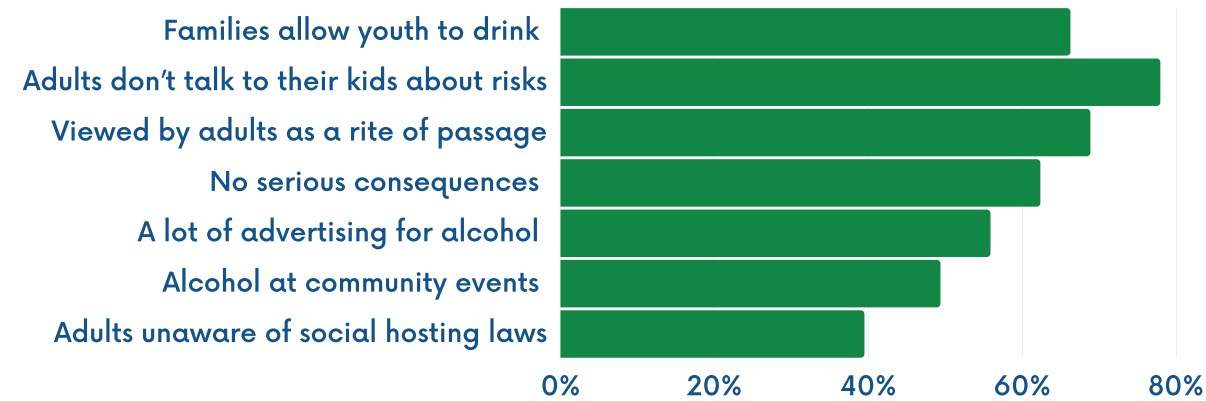
- 1** 64.93% say underage **vaping/e-cigarette** use is a problem in their community.
- 2** 62.67% say underage **alcohol** use is a problem in their community.
- 3** 59.74% say underage **cannabis** use is a problem in their community.
- 4** 58.44% say underage **tobacco** use is a problem in their community.
- 5** 42.86% say underage **Rx** use is a problem in their community.
- 6** 41.56% say **other** underage **substance** use is a problem in their community.

### COMMUNITY RISK AND PROTECTIVE FACTORS



85.72% feel that their community cares for and values youth.

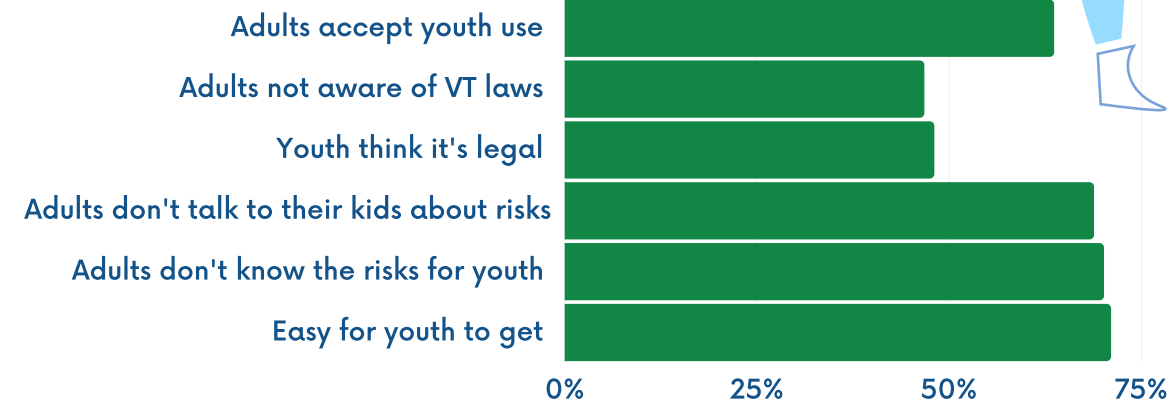
#### Community perception of risk factors for underage alcohol use



According to the 2019 YRBS, 33% of Lamoille County High School Students drank alcohol and 28% used cannabis in the past 30 days.

93.50% feel that alcohol and other drug prevention strategies for youth are a good investment for the community.

#### Community perception of risk factors for underage cannabis use



E-cigarettes and other vaping devices are used for both tobacco and cannabis consumption. According to the 2019 YRBS, 29% of Lamoille County High School Students used an electronic vapor device in the last 30 days.

Number of adults who responded: 77

Number of towns represented: 14

72.73% know of programs in their community working to prevent alcohol and drug misuse.

63.63% say it is easy to find and access substance use counseling in or near their community.

63.64% think their community is a supportive place for people who are in recovery from substance use disorder.



# Healthy Lamoille Valley Parent Survey

Some to most of kids my child's age consume substances at least once in a while:

**1** 82.98% think some to most of kids their child's age **vape** or use other **e-cigarettes** at once in a while.

**2** 74.46% think some to most of kids their child's age consume **cannabis** at least once in a while.

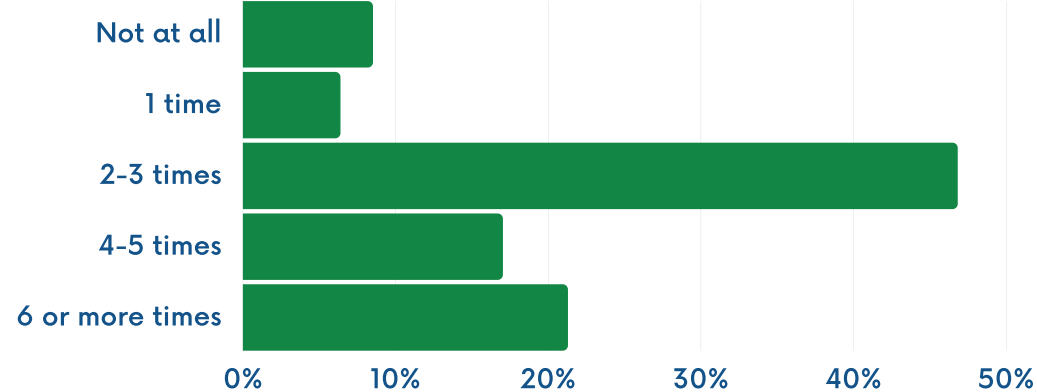
**3** 72.34% think some to most of kids their child's age consume **alcohol** at least once in a while.



## TALKING ABOUT RISKS

93.62% believe that talking with your child about substance use makes a positive difference in the choices that they make.

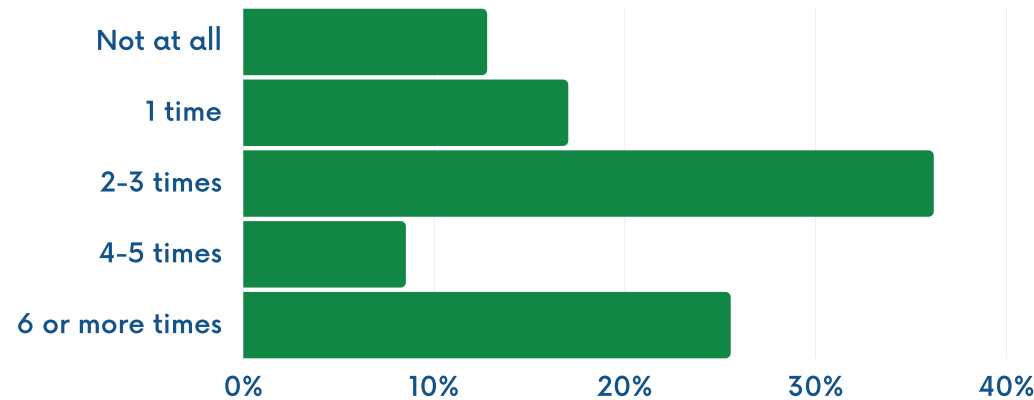
In the past 12 months I talked to my kids about the risks of alcohol:



87.23% believe that underage drinking increases risks for illness, injury, and death.

65.96% believe that underage cannabis use increases risks for illness, injury, and death.

In the past 12 months I talked to my kids about the risks of cannabis:



E-cigarettes and other vaping devices are used for both tobacco and cannabis consumption. According to the 2019 YRBS, 9% of Lamoille County Middle School Students used an electronic vapor device in the last 30 days.

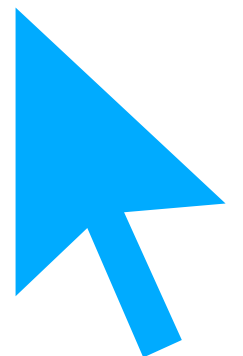


47 community members, with children in grades 6-12, completed the Parent Survey

76.60% are very likely to ask their child if alcohol and other drugs will be present at a party or social gathering.

63.83% are very likely to call to verify that a parent or other responsible adult will be present at a party or social event.

100% would not be ok with their teen being given alcohol or cannabis by another parent at their home.



# Discussion Starters

1. Almost 80% of responders thought that adults not talking to their kids about the risks of substance use was a key risk factor but most parents report talking to their kids about the risks only 2-3 times in the past year. We know that talking early and often has a positive effect. What can we do as a coalition to increase these conversations?
2. Parents who responded think that the substances most used by their kids are vaping/tobacco, cannabis, and alcohol. However the Youth Risk Behavior Survey results show this order is reversed. Do we understand the role alcohol plays in underage substance use in our community?
3. What are other takeaways from these survey results? What are action steps we can take as a coalition?