Join Healthy Lamoille Valley in raising awareness of substance misuse in our communities!

GREEN-UP DAY!

Saturday, May 4th!

**JOIN US IN RAISING AWARENESS OF
SUBSTANCE MISUSE IN OUR COMMUNITIES!**

**Help us collect information about the impact of substances in our region.
Together we create a Healthy Lamoille Valley!**

HOW TO HELP:

1. Keep a count of how many cigarette butts, alcohol containers and needles (contact local police if you find any needles) that you collect.

2. Snap a picture of your collection.

3. Fill out our survey at www.healthylamoillevalley.org/greenup

SAFETY FIRST!

**We recommend wearing gloves and that youth work with an adult.
Please do not collect anything that could harm you.**

Visit us at www.healthylamoillevalley.org