

Drug Free Communities Grant

▶ Overview

12/19/19

Data Review

Lasts 30 Day Use

		Alcohol	Marijuana	Prescription Drugs	Tobacco
High School (9 th - 12 th grade)	Lamoille County	35%	26%	6%	11%
	Vermont	33%	24%	5%	9%
Middle School (6 th - 8 th grade)	Lamoille County	8%	5%	N/A	2%
	Vermont	7%	4%	N/A	2%

Data Review

Perception of Harm

Table 2: Perception of risk/harm of use (YRBS, 2017)

		Alcohol	Marijuana	Tobacco
High School (9 th - 12 th grade)	Lamoille County	35%	20%	65%
	Vermont	36%	24%	68%
Middle School (6 th - 8 th grade)	Lamoille County	47%	55%	70%
	Vermont	48%	59%	72%

Data Review

Parental Disapproval of Use

Table 3: Perception of parental disapproval of use (YRBS, 2017)

		Alcohol	Marijuana	Tobacco
High School (9 th - 12 th grade)	Lamoille County	62%	73%	90%
	Vermont	66%	76%	91%
Middle School (6 th - 8 th grade)	Lamoille County	84%	88%	93%
	Vermont	85%	92%	95%

Data Review

Perception of Peer Disapproval of Use

Table 3: Perception of peer disapproval of use (YRBS, 2017)

		Alcohol	Marijuana	Tobacco
High School (9 th - 12 th grade)	Lamoille County	52%	54%	82%
	Vermont	54%	55%	84%
Middle School (6 th - 8 th grade)	Lamoille County	88%	87%	95%
	Vermont	89%	90%	95%

Primary Goals of DFC

- ▶ Increase Community Collaboration
- ▶ Reduce Youth Substance Misuse
 - ▶ Alcohol
 - ▶ Marijuana

Increase Community Collaborations

Key Strategies

- ▶ Create a more diverse Steering Team
 - ▶ Train team in the Strategic Prevention Framework, HLIV mission and history
- ▶ Increase opportunities for coalition involvement
- ▶ Create a subcommittee structure to share work
 - ▶ Finance/Fundraising, Media, Education/Events
- ▶ Provide opportunities for skill enhancement for coalition members and community members.
- ▶ Media outreach
 - ▶ Educational campaigns, articles, letters to the editor, blogposts, etc.
- ▶ Hire a Youth Coordinator & make meetings youth friendly.
- ▶ Ensure representation from all 12 sectors.

Reduce Youth Substance Use

Key Strategies - Policy

- ▶ Support policies that reduce/restrict underage access to alcohol and marijuana.
 - ▶ Letters to the editor about role of policy.
 - ▶ Meetings with town leaders to share options.
 - ▶ Meetings with law enforcement, diversion, state's attorney.
 - ▶ Explore feasibility of universal substance screening at well-adolescent visits.

Reduce Youth Substance Use

Key Strategies - Youth

- ▶ Educate and work with local youth around the perception of harm.
 - ▶ Work with school & community groups.
 - ▶ Support Lamoille Area Youth Council (LAYC) efforts.
 - ▶ Provide in-school workshops for 6th and 8th graders.
 - ▶ Support Student Data nights.
 - ▶ Support youth team to attend Community Anti-Drug Coalitions of America National Leadership Forum in February.
- ▶ Hire Youth Coordinator - 30 hour week position, interviews early January

Reduce Youth Substance Use

Key Strategies - Education

- ▶ Support parent & community centered campaigns on risks of alcohol and marijuana use.
 - ▶ Media campaigns
 - ▶ Workshops for teachers
 - ▶ Parent evenings
 - ▶ Marijuana Forums (March 10 & 11, 2020)
 - ▶ Sticker Shock

How To Get Involved

Be a HLV Coalition Member!

- ▶ Attend Coalition meetings.
- ▶ Let us know that you'd like to be listed as a member with Healthy Lamoille Valley under the Community Anti-Drug Coalitions of America (CADCA). This will allow you to get daily prevention updates.
- ▶ Additionally, you can become a sector representative that serves as an advocate for youth prevention among your current connections.
- ▶ Donate on the HLV Homepage.

How to Get Involved

Join a workgroup and volunteer!

- ▶ Lamoille Area Youth Council
- ▶ Media Workgroup
- ▶ Fundraising workgroup
- ▶ Events/Education workgroup
- ▶ Volunteer in your own way!

How You Can Get Involved National Coalition Academy

- ▶ [Arlington Week 1: March 16-19, 2020](#)
 - ▶ The development and use of environmental strategies. Each module is followed up with exercises on how to bring the knowledge home.
- ▶ [Arlington Week 2: May 18-21, 2020](#)
 - ▶ Builds on the work of Week 1, providing participants opportunities to understand the value of effective interventions, and how to achieve success.
- ▶ [Arlington Week 3: August 17-20, 2020](#)
 - ▶ This week offers strategies on how to address coalition driving forces

How to Get Involved

Be an advocate!

- ▶ Write articles to your local papers.
- ▶ Post on front porch forum.
- ▶ Stand up and promote policy reform in your community. Strong anti-drug policies help to prevent youth substance misuse.
- ▶ Be a strong parental voice in your schools and communities.
- ▶ Be a role model or mentor.

How will you be involved

Notecard Reflection

- ▶ Name, email
- ▶ CADCA Listserve? Yes or No
- ▶ How would you like to be involved?