

# **Healthy Lamoille Valley**

## **Bi-annual Survey**

### **Data Highlights**

**Healthy Lamoille Valley is a community coalition based on community need. Our bi-annual community and parent surveys help us assess and plan our work.**

# Healthy Lamoille Valley Community Survey

## How Much of a Problem is Youth (10-21) Substance Misuse in Your Community?

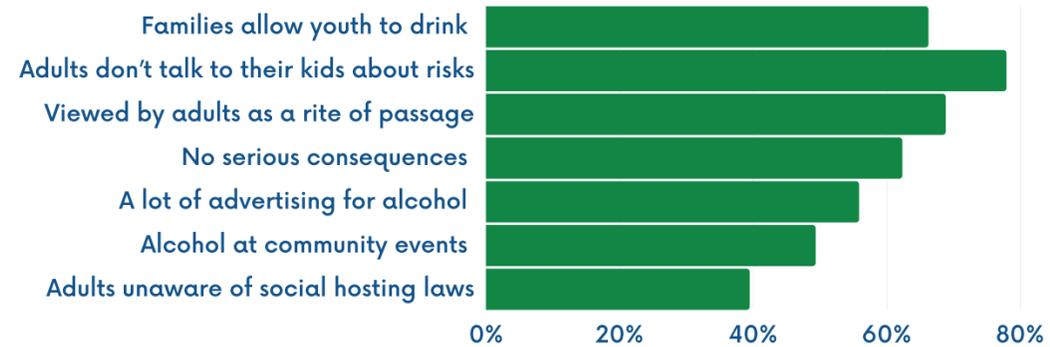
- 1** 64.93% say underage **vaping/e-cigarette** use is a problem in their community.
- 2** 62.67% say underage **alcohol** use is a problem in their community.
- 3** 59.74% say underage **cannabis** use is a problem in their community.
- 4** 58.44% say underage **tobacco** use is a problem in their community.
- 5** 42.86% say underage **Rx** use is a problem in their community.
- 6** 41.56% say **other** underage **substance** use is a problem in their community.

### COMMUNITY RISK AND PROTECTIVE FACTORS



85.72% feel that their community cares for and values youth.

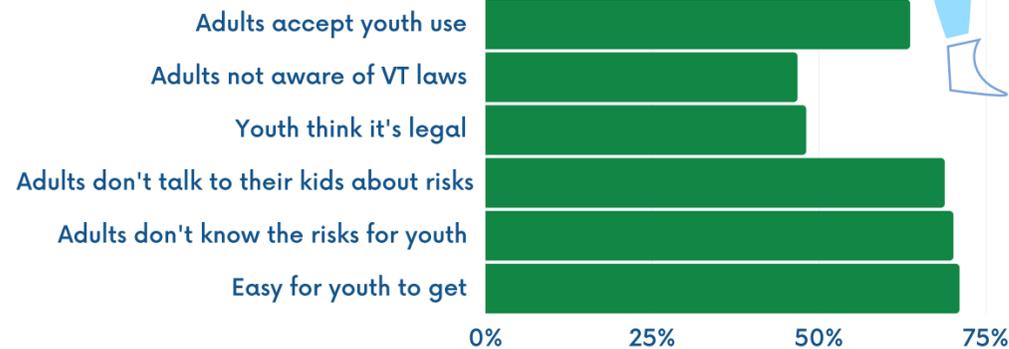
#### Community perception of risk factors for underage alcohol use



According to the 2019 YRBS, 33% of Lamoille County High School Students drank alcohol and 28% used cannabis in the past 30 days.

93.50% feel that alcohol and other drug prevention strategies for youth are a good investment for the community.

#### Community perception of risk factors for underage cannabis use



E-cigarettes and other vaping devices are used for both tobacco and cannabis consumption. According to the 2019 YRBS, 29% of Lamoille County High School Students used an electronic vapor device in the last 30 days.

Number of adults who responded: 77

Number of towns represented: 14

72.73% know of programs in their community working to prevent alcohol and drug misuse.

63.63% say it is easy to find and access substance use counseling in or near their community.

63.64% think their community is a supportive place for people who are in recovery from substance use disorder.



# Healthy Lamoille Valley Parent Survey

Some to most of kids my child's age consume substances at least once in a while:

**1** 82.98% think some to most of kids their child's age **vape** or use other **e-cigarettes** at once in a while.

**2** 74.46% think some to most of kids their child's age consume **cannabis** at least once in a while.

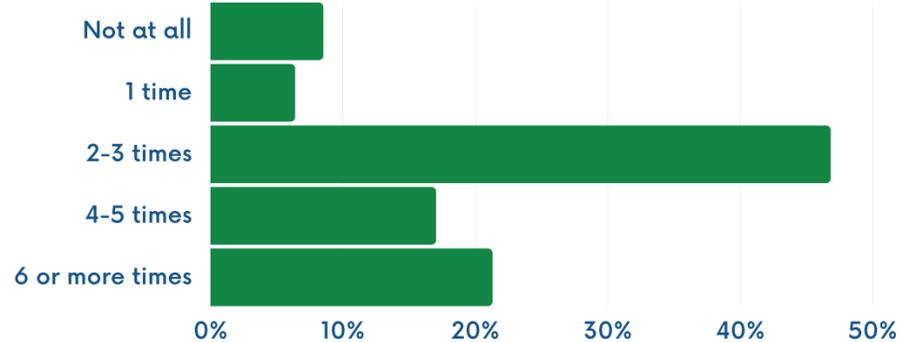
**3** 72.34% think some to most of kids their child's age consume **alcohol** at least once in a while.



## TALKING ABOUT RISKS

93.62% believe that talking with your child about substance use makes a positive difference in the choices that they make.

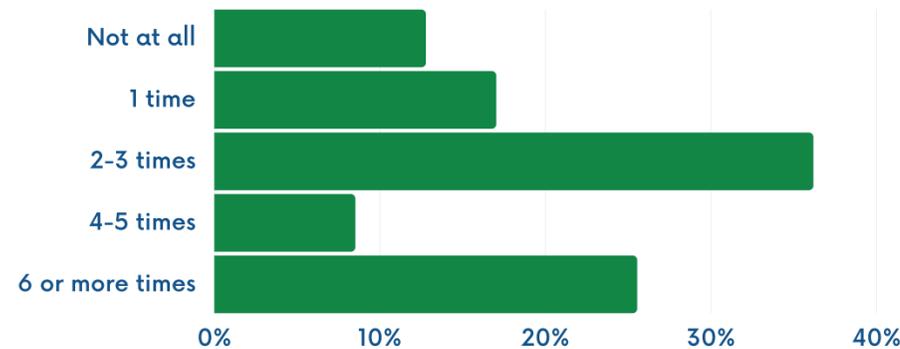
In the past 12 months I talked to my kids about the risks of alcohol:



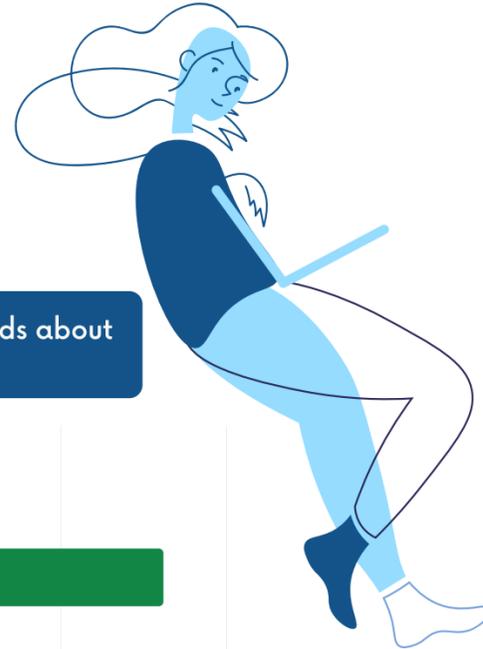
87.23% believe that underage drinking increases risks for illness, injury, and death.

65.96% believe that underage cannabis use increases risks for illness, injury, and death.

In the past 12 months I talked to my kids about the risks of cannabis:



E-cigarettes and other vaping devices are used for both tobacco and cannabis consumption. According to the 2019 YRBS, 9% of Lamoille County Middle School Students used an electronic vapor device in the last 30 days.



47 community members, with children in grades 6-12, completed the Parent Survey

76.60% are very likely to ask their child if alcohol and other drugs will be present at a party or social gathering.

63.83% are very likely to call to verify that a parent or other responsible adult will be present at a party or social event.

100% would not be ok with their teen being given alcohol or cannabis by another parent at their home.

