



Share Your Why: Passport Edition



Community Connections

Plan, Do, and Reflect on an activity
that includes one or more of the following:

- Attending a community event
- Meeting new people
- Finding something new to do in your community

Ideas & Activities at
healthylamoillevalley.org/passport



Plan Your Why.

A Community Connections activity that I can do with friends or family is:

When can I do the activity? Day: _____ Time: _____

What needs to happen before I am able to do this activity?



Do Your Why.

The activity I chose: _____



Reflect

What I liked about the activity I chose:

Something I might do differently next time:

One or more important resource in my community I would like to check out or learn more about: _____

Can we share this activity on our website using your first name, last initial and grade? **YES NO**

Name: _____ **Grade:** _____

Return this completed sheet to a location listed at
healthylamoillevalley.org/passport



**When all 6 activity sheets are completed and turned in,
email passport@healthylamoillevalley.org**