



LIVE YOUR WHY

Afterschool Edition



Watch this nature documentary about how animals survive harsh winter conditions.



Scan this:



www.pbs.org/wnet/nature/snowbound-animals-winter/14857



Where can you learn more about how animals adapt to winter weather?



Who could you ask to learn more about this subject?



Looking for other ideas to help plan your afternoon? Visit us at www.healthylamoillevalley.org/liveyourwhy