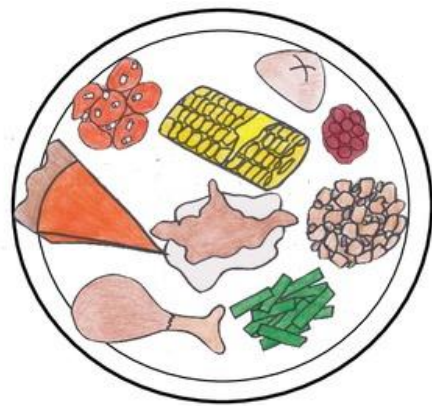




Live Your Why – Afterschool Edition

Art can be created out of anything!

Make a picture using food from your home.



Dinner Plate Challenge:

Art on a dinner plate? What will each member of your family create from dinner tonight?

Make sure you will want to eat it when you're done!



Looking for other ideas to help plan your afternoon? Visit us at www.healthylamoillevalley.org/liveyourwhy