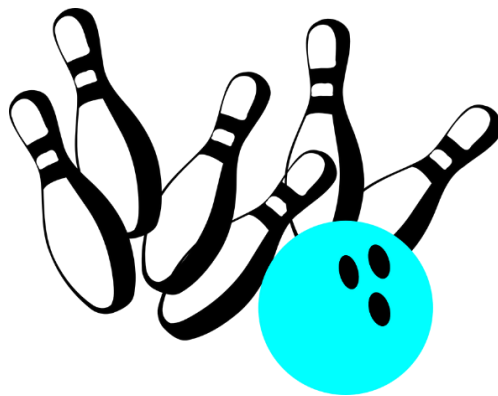




Live Your Why – Afterschool Edition

Make a bowling lane in your hallway using a soft ball and plastic containers or anything else you can think of that is safe to use indoors.

Make sure you get permission from your parents/guardians before you begin.



How did you decide which materials to use?



Looking for other ideas to help plan your afternoon? Visit us at www.healthylamoillevalley.org/liveyourwhy