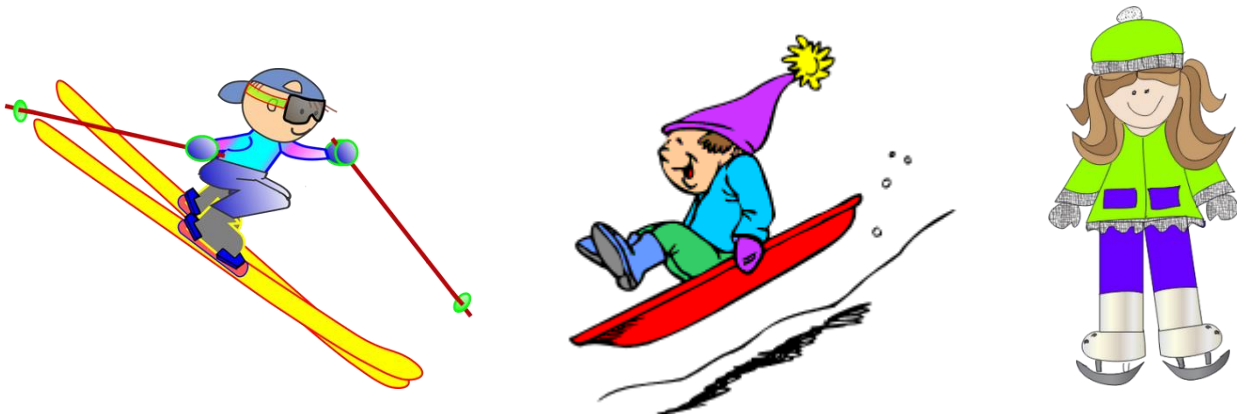




## Live Your Why – Afterschool Edition

Think about, write down, or draw what outdoor activities you would like to do this Winter.



What other activities can you do if the weather doesn't cooperate (no snow or ice)?



Looking for other ideas to help plan your afternoon? Visit us at [www.healthylamoillevalley.org/liveyourwhy](http://www.healthylamoillevalley.org/liveyourwhy)