

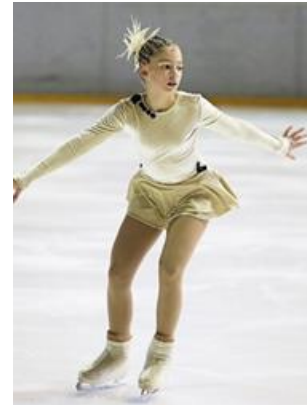
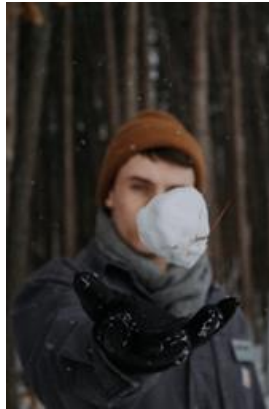
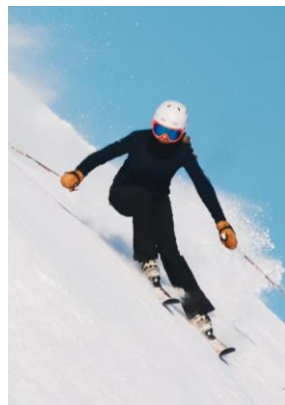


LIVE YOUR WHY

Afterschool Edition



Think about what outdoor activities you would like to do this Winter.



What are some alternative activities you can do if the weather doesn't cooperate (no snow or ice)?



Looking for other ideas to help plan your afternoon? Visit us at www.healthylamoillevalley.org/liveyourwhy