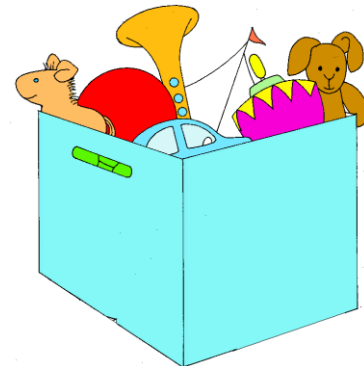




Live Your Why – Afterschool Edition

With the help of a family member, go through your room and closet and see if there are any toys, clothes, or other items you can either share with a family member or friend or donate to a local donation center.



How do you motivate yourself to clean your room?

How do you feel after you donate or share something?



Looking for other ideas to help plan your afternoon? Visit us at www.healthylamoillevalley.org/liveyourwhy