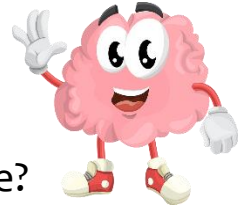




## Live Your Why – Afterschool Edition

Fun Fact: Information can travel up to 268 miles per hour in your brain! \*



Is this faster than a cheetah? Light speed? A car? An airplane?

That's pretty powerful. What do you like to learn about? Write or draw 4 things you like to learn about.

- 1.
- 2.
- 3.
- 4.

\*[www.nm.org/healthbeat/healthy-tips/11-fun-facts-about-your-brain](http://www.nm.org/healthbeat/healthy-tips/11-fun-facts-about-your-brain)



Looking for other ideas to help plan your afternoon? Visit us at [www.healthylamoillevalley.org/liveyourwhy](http://www.healthylamoillevalley.org/liveyourwhy)