



Live Your Why – Afterschool Edition

Give an honest compliment to someone you care about.

You're a great friend.

**YOU HAVE THE
BEST IDEAS.**



You are brave.

You are awesome!

How do you feel when someone compliments you?

How do you feel when you compliment someone you care about?



Looking for other ideas to help plan your afternoon? Visit us at
www.healthylamoillevalley.org/liveyourwhy