



Live Your Why – Afterschool Edition

Share a story, joke, talent, skill, or passion with a loved one in-person or virtually.

Ask them if they have something to share as well.



What skills or talents do you want to get better at?

What new skills would you like to learn?



Looking for other ideas to help plan your afternoon? Visit us at www.healthylamoillevalley.org/liveyourwhy