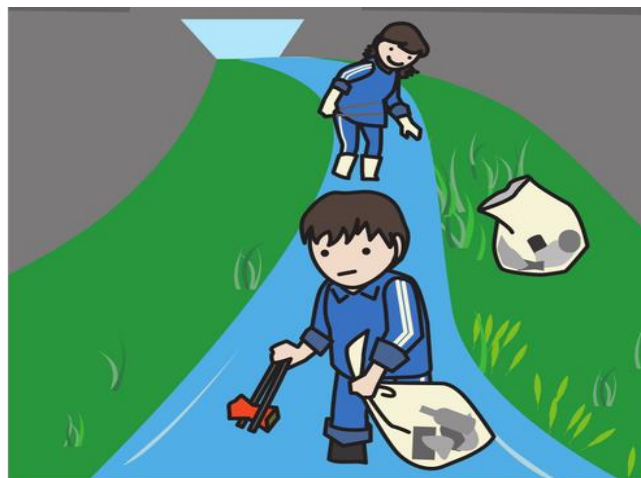




## Live Your Why – Afterschool Edition

**Go for a walk in your community with a family member or friend and find at least 5 pieces of trash to clean up.**

*Make sure you wear rubber or latex gloves or wash our hands when you go inside.*



What else can you do to make your community greener?



Looking for other ideas to help plan your afternoon? Visit us at [www.healthylamoillevalley.org/liveyourwhy](http://www.healthylamoillevalley.org/liveyourwhy)