



LIVE YOUR WHY

Afterschool Edition



Play a virtual or in-person scavenger hunt game with a friend or family member.

Who can find these items the fastest: rubber band, piece of fruit, something soft, a coin, a hat, something green, a pencil, sunglasses



Make up your own list!

Are you tired and bored of virtual meetings?

What are some ways you can make it more interesting?



Looking for other ideas to help plan your afternoon? Visit us at www.healthylamoillevalley.org/liveyourwhy